



CSRC Seminar Series is designed to help you navigate the aging process

Topics include:

<p><u>Legal Issues:</u></p> <ul style="list-style-type: none"> • Medicaid Planning • Estate Planning • VA Benefits • Wills • Trusts • Powers of Attorney • Guardianship 	<p><u>When Staying Home is the Plan:</u></p> <ul style="list-style-type: none"> • Walk-in Showers/Tubs & Bathroom Safety Renovation • Medically Necessary Home Modifications • Home Equity Conversions • Durable Medical Equipment • Personal Alarm Response Systems • Care Management
<p><u>Life Planning:</u></p> <ul style="list-style-type: none"> • Financial Planning • Personal Representative/Conservatorship • 5 Wishes • Advanced Funeral Planning 	<p><u>Making the Move to a Senior Housing Community:</u></p> <ul style="list-style-type: none"> • Senior Real Estate Specialist • Senior Relocation Specialist • Eldercare Advisor
<p><u>Life Line Screening</u></p> <ul style="list-style-type: none"> • Knowledge to Prevent Heart and Vascular Disease • Dangers of Heart Disease and Stroke • Concept of Prevention of Heart Disease and Stroke 	<p><u>Cognitive Health and Emotional Wellbeing</u></p> <ul style="list-style-type: none"> • Nature of Memory • How to Talk to Mom and Dad about Life Changes • Staff In-Service: Caring for Seniors with Dementia • The Dimensions of Dementia Care



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